

MATERNAL AND CHILD HEALTH
AT FLAGLER HEALTH+

BRINGING THE PROMISE OF GOOD HEALTH TO THE NEWEST OF OUR NEIGHBORS

Few moments in life are more joyous than welcoming a new baby into the world. At Flagler Health+, the Maternal and Child Health team of physicians, midwives, nurses, and technologists are dedicated to caring for mother and child with both modern technology and family warmth.

The team cares for women of all ages with gynecology care and nurtures women of childbearing age through pregnancy, labor and delivery, and beyond. The unit has a Level 2 Newborn Intensive Care Unit (NICU) for babies born 30 weeks or later in pregnancy.



A community thrives through its next generation. The Maternal and Child Health team are dedicated to preparing new families for a healthy life through:

- + Prenatal childbirth classes
- + Classes in infant CPR
- + Breastfeeding classes and support groups
- + Personal consultations for breastfeeding mothers after they go home

Your gift to the Forever Flagler campaign is an investment in vital medical resources to serve the families of St. Johns County.

- + Upgrades to fetal monitoring systems, the sensors and computer software that track a mother's contractions and her baby's heart rate.
- + The latest in bassinets to provide a comfortable environment for newborns and that is convenient for parents and staff.
- + Updates to patient rooms to house these and future technologies in homelike surroundings.
- + Updates to hallways and other shared areas to reflect the unit's welcoming care.

Your gift to the Forever Flagler campaign will also support breastfeeding among all nursing mothers, helping to promote a lifetime of good health.

In addition to helping new mothers who deliver at Flagler Health+ and wish to breastfeed become confident in nursing, the Maternal and Child Health team offers:

- + The Milk Depot, so that nursing mothers can donate breast milk to provide a resource for other mothers' sick premies or babies who need supplementary feeding.
- + Programs to make breastfeeding the convenient and healthy option for families in our community.

Your gift will also support the addition of lactation suites in lobbies and waiting areas within the hospital as a service for visitors or staff. These small, easy-to-assemble and movable structures offer mothers a place of comfort and privacy to nurse their infant or pump breast milk.

This is part of the Flagler Health+ promise to encourage a lifetime of good health for our community starting with our newest and smallest neighbors.